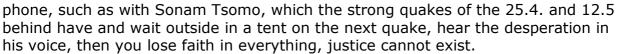
Trip report No. 17, Nepal 2

21 March - 13 April 2015

You can not get happy. You only can be happy.

I thought of this quote from an unknown philosophers often the last few days. How many are looking for happiness in the rich Switzerland. You don't realize how lucky it is to have been born here. Also in the Switzerland, many people have big problems, but what do you say to people who live in a country that is corrupt and poor and have nothing left?

I have kept this report deliberately short not because there is little to say, but because there are really no words for this disaster. When I with people on the



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Since the devastating earthquake on 25 April, 12 days after our return from Nepal, no longer as it was is there. But starting is where I originally started my trip report: do good and talk about it - or why I write a unplanned trip report from another continent and am travelling without motorcycle.

I would like to teach you some impressions, friends bring people closer. I was thinking much about my life the past few years, the last two months have certainly shaped me - but life goes on!

Introduction

Another trip was my mommy after Nepal, well 92-jährig, long in the room. She then said that she would like to visit also Pokhara and I should organize this, since I booked the flights. My mommy was really once again going to Nepal!

On February 23, after a wonderful winter and an another fine season as a ski instructor, I not watched a moment in rough terrain, the result was a fall and a broken right wrist. On February 25 I could leave already the Spital Davos, slightly heavier as a result of the mounted titanium plate. The ski season ended so early, I dared to Nepal trip anyway.

<u>Nepal</u>

On March 21, we flew in the evening with the Boeing 787, the DreamLiner of the Qatar after Doha. This time we treated ourselves to business class, Mommy felt like a Queen. Thus, we could spend the waiting time in the business lounge in a family compartment. Mommy was asleep on a sofa and I on my air mattress.

In Kathmandu, I saw the first on the Airbus A330 of Turkish Airlines March 3 waist from the slope. The provincial airport was closed, some days since first salvage equipment from India had to be transported here, the airport only has a slope.

Dawa was waiting for us at the airport and brought to us by taxi through the dense



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traffic in the Guest House of Shechen monastery. The simple Guest House is located near the Bouda stupa and has a large garden, ideal for my MOM to be to recover. Every day, we walked to the stupa and enjoyed a refreshing.

Dawa had told me long ago that there were problems when making your reservation, but you sure could solve. Because we had room only for four nights and were booked all hotels nearby, had I chance the environment slightly better meet. Finally we moved for some nights Guest House back in the Maya. After last year, Haider was announced it was no longer first choice for me. Fortunately, House could book for the rest of the time after our trip to Pokhara in the ROPKA guest. I describe this stroke of luck later.

Sponsored children

I have written much about our past and current sponsorships in the last year's trip report No. 15, except that they have become a year older there are mostly little

Nyima Tsering Tamang, a retired my MAMIS, two dreams has come true. For a long time, he had worked during the day in a company and set up his own company in the evening. Last summer he was able to found a company together with three colleagues, which deals with computer and a focus on networks. In addition, he was able to fly last fall after Europe. First he spent a week in Greece, and then a week in Switzerland for my mommy. In Greece, our boat ride through the "stormy sea" may be a defining experience as non-swimmers in my nearly 5 m long Kirky. For him it was an unforgettable experience with Mommy something the Switzerland of course to get to know and to be spoiled by the family of my sister Rita. Also this year has looked very Nyima, we were invited with his parents to a fine lunch again.

Sonam Tsomo is also a former my MAMIS. Today, she teaches at the Songtsen school classes 1-4. Also to her, Mommy has a close E-Mail contact. Did I mention that I am proud for my mommy that she is still every day on the Internet with over 92 years. So, we have spent much time with Tsomo Sonam and her sister Tashi Lhamo, a kindergarten teacher, also this year.

Pokhara

Here I am experiencing things that are hard to imagine for me than Swiss. Tsultrim Gyatso, the Director of the Lodrik welfare found, our partner in Pokhara, wanted to see us. Because he had an important meeting in the Kingdom of Mustang during our stay in Pokhara, he previously flew to Kathmandu to meet us. A "strike" took place on the day of our departure in Pokhara, must run on this day only cars with green numbers, these are reserved for tourists. No taxi, no motorcycle, nothing. The unions are so strong that you can't expect that the car or motorbike or the driver is attacked. On the eve, Tsultrim calls me and says that he had landed just in Pokhara and tomorrow to 9 h at the hotel say goodbye to us. When he told me that he had to go 1 ½ hours walk and the way back will last just as long, because I have to say that this kind of respect and honour Anerbietung with us are inconceivable.

My mommy has sponsored Tenzin Tendar, now he is tank Amaler and restored tankas mostly in monasteries in the mountains. His sister Tenzin Chokyi supports MOM for many years. This established and cordial young lady could three years to school because she had very strong headaches and fainting, again and again, the doctors could find nothing. Now she's doing better and she can back in the school, along with the 15-year-old.

Mean only "Daughter", Tenzin Lhamo sold flights with ultralight aircraft. She is currently unemployed, because the tourists stay out. She want to make the master in tourism in India. Her niece, Tenzin Chocyang has lost the sponsor of a German

organization after the 12th grade. She would like to study nurse in India. This week a friend said to me to take over the sponsorship for the next four years, so these two young women can together after India. Thank you very much!

Karma SOPA Thinley, a former other my MAMIS, directs a cooperative today as Manager. With four generations, we enjoyed lunch.

Earthquake of the 25th April 2015

Our Tibetans were very lucky, it was hurt nobody and its houses are still habitable.

Devi has maintained last year Mommy, like their parents, she lost everything. I'll support them personally - or with your help? TFH and ROKPA provide emergency aid, but also assistance. I can recommend both organizations.

Tibetan families help TFH in Davos www.tfhdavos.ch

First and foremost, we try to help Tibetan refugees in emergency situations as a means to help themselves.

A sponsorship costs every year CHF 560. For this amount the child without great cost sharing of the parents can attend school and, if the parents live far away in the school is located. As Board member and accountant of the University of applied sciences, I have close contact with various schools and can guarantee that the money is used correctly. Like, I will give you more information. We have always young people who need a sponsor.

ROKPA Guest House and children's projects www.rokpa.org_

In the ROKPA I already booked Guest House for next year. I know that there are many projects from the Switzerland in Nepal. What has built Lea Wyler but the last 35 years is deeply impressive. We were allowed to spend an evening with the children and visit everything. 65 street children have found a home and be trained. Some older teens work in the Guest House, in the excellent restaurant, or in the children's home. It's nice to see that children who lived alone on the street can educate those sometime. If you're flying to Kathmandu once this is the best address for me! Sang is currently working at the restaurant, she is representative of the warmth of this "street children".

<u>Summary</u>

I find it rewarding when you see that you can offer a chance young people which they then also avail. The situation for Tibetans is becoming increasingly difficult in Nepal, since I have no influence. But some people could, and I can help. For us fr. 560 annually are not a very big number, for a child, it is the start to a better life. Personally, I would support no Bébés, but young people who are already on the training track. There are some who would have no sponsor, after 12th grade but study. There are also many where the parents barely know how they can raise the cost of training, such as illness or death of a parent -, and even those are grateful for your support.

If I can motivate you to think about whether you want to take the opportunity to help a child that does not have the same opportunities as we here has in the Switzerland, I look forward to your message. Help a child is often to help an entire family. Thank you very much!

I don't know how my travel life goes further at the moment, the steel rat is since May 12 with engine damage in Cuba, as far as my cruise falls after Panama together with Cuba travel expected to be in the water.

Hans-Ueli Flückiger sends greetings to friends

Caption:

- Page 1: My mommy in the NHSS (high school) the new stage curtain inaugurates -Tsomo Sonam - view of the Kathmandu Valley of Kopan monastery
- Page 2: Airbus A330 refreshment break lunch at Nyima parents Turkish Airlines illuminated Bodnath stupa - visit Kopan monastery
- Page 3: Tsultrim Gyatso, Director LWF Tenzin Tendar + Tenzin Chokyi Tenzin Lhamo + Tenzin Chocyang - 4 generations at Karma Thinley SOPA - Devi - Karma Yangchen with family in front of Shechen monastery
- Page 4: dinner in the ROKPA Lea Wyler Sang three eyes (Bodnath stupa)